

Revitalise both body and mind at Stephanies® Wellness Spa, Q1 Resort & Spa, Gold Coast. Inspired by the spirit and lifestyle of Australia, the spa is set amongst pristine tropical landscapes and pool terraces, offering an eco-elegant space where guests can rejuvenate in style. Breathing tranquillity and relaxation, our retreat offers eight wellness treatment suites including single and dual Vichy suites, offering a grounding spa experience.

*Stephanie*

### Reservations

DIRECT TO WELLNESS SPA  
07 5551 0910

HEAD OFFICE  
1300 DAY SPA or 1300 329 772

reservations@stephanies.com.au  
www.stephanies.com.au

### Social Spa

Follow us on Facebook & Instagram  
@stephaniesluxuryspas

### Our Destinations

Stephanies® Wellness Spa  
Surfers Paradise • 07 5551 0910

Stephanies® Urban Spa  
Bulimba • 07 3899 5333

Stephanies® Vintage Spa  
Cleveland • 07 3488 0300

### Other Information

**HEALTH & WELLNESS**  
The wellbeing of our guests and staff is our first priority. Please take the time to read our Health & Wellness statement by visiting [www.stephanies.com.au](http://www.stephanies.com.au).

**SPA PARTIES & GROUPS**  
Stephanies® Social Spa is a fun way to connect with your tribe and create a social celebration with friends, family or colleagues. Put social back into spa with our carefully curated spa experiences or create your very own bespoke ritual from our beautifully crafted spa menu; capturing the unique offerings available to you across our collection of luxury destinations.

**LOYALTY PROGRAM**  
Earn your way to Beauty & Wellbeing with Stephanies®. Earn rewards and enjoy exclusive benefits. For full terms and conditions visit [www.stephanies.com.au](http://www.stephanies.com.au).

### Location

Q1 Resort & Spa  
9 Hamilton Avenue  
Surfers Paradise QLD 4217

### Parking

Stephanies® guests are invited to park in the visitors car park located under the Q1 Resort.

### Trading Hours

Trading hours may vary. Visit our website for the most up to date information.

Stephanies® Spa Retreat  
Brisbane Central • 07 3221 8800

Stephanies® Mountain Spa  
Clear Mountain • 07 3298 6622

Stephanies® Ocean Spa  
Noosa • 07 5473 5353

**GIFT CARDS & E-CARDS**  
Create unforgettable memories with a Stephanies® spa gift card or e-gift card. Our spa gift cards have a three year expiry, unless they are a promotional experience, in which case, please refer to the terms and conditions of the promotion.

**TERMS & CONDITIONS**  
Stephanies® reserves the right to amend prices and treatments at any time. Prices are inclusive of GST.

**STEPHANIES® BOOKING POLICY**  
Cancellations, rescheduling or changing your spa bookings are free of charge if made 24 hours in advance. A credit card number is required at the time of booking to secure your spa appointment. If you fail to show for your appointment without 24 hours notice, the total treatment cost will be charged to your credit card or gift card.

stephanies®  
WELLNESS SPA



## Spa Retreats

Spa Fusion	2 hours	\$320.00
Spa Elements	2.5 hours	\$390.00
Spa Collection	3 hours	\$430.00
Spa Indulgence	4 hours	\$580.00

## Signature Spa Rituals

Signature Skin Treatment	100 mins	\$235.00
Sacred Energy	90 mins	\$210.00
Nuture & Nourish	90 mins	\$210.00

## Signature Body Rituals

Organic Body Exfoliation	60 mins	\$170.00
Aromatic Revival Ritual	90 mins	\$225.00
Nourishing Body Wrap	100 mins	\$235.00

## Facial Therapy

Skin Consultation with LED	20 mins	\$60.00
*redeemable against retail products on the day of your appointment.		
Refresher Facial	40 mins	\$130.00
Signature Facial	60 mins	\$175.00
High Performance Facial	60 mins	\$195.00
	90 mins	\$225.00

## Medi Facials by SYNERGIE SKIN

SYNERGIE Professional Peels	30 mins	\$140.00
Medi Facial	60 mins	\$190.00
Ask us about our SYNERGIE SKIN Membership		\$895.00

## Targeted Facials

LED Express Self-guided Light Therapy	20 mins	\$60.00
LED Light Therapy with Scalp Massage	20 mins	\$95.00
Microdermabrasion	40 mins	\$140.00
<i>Microdermabrasion with LED</i>	50 mins	\$170.00
<i>Microdermabrasion with Oxygen</i>	50 mins	\$170.00
Oxygen Rejuvenation Facial	60 mins	\$185.00

## Massage Therapy

Focus Massage	30 mins	\$110.00
Wellness Massage Therapy	60 mins	\$160.00
	90 mins	\$205.00
Hot Stone Crystal Massage	90 mins	\$220.00
Ritual for Two (price based on two people)	90 mins	\$450.00

## Mother & Baby

Baby Moon Massage	60 mins	\$165.00
Peaceful Pause	70 mins	\$185.00
Rest & Retreat	120 mins	\$320.00

**All treatments available after the first trimester.**

## Social Spa

The Spa Tribe	70 mins	\$195.00 PER PERSON
The Social Space	90 mins	\$230.00 PER PERSON

**Ideal for groups of 4 or more.**

## Family Friendly Treatments

Little Luxe	40 mins	\$120.00 PER PERSON
Little Retreaters	60 mins	\$160.00 PER PERSON

**Must be between the ages of 4 to 16 years and accompanied by an adult.**

## Hands & Feet Therapies

Signature Spa Pedicure	90 mins	\$165.00
Signature Spa Manicure	60 mins	\$125.00
Sole Healing	30 mins	\$100.00
Essential Pedicure	60 mins	\$120.00
Essential Manicure	50 mins	\$100.00

## Brow Bar Couture

Brow Sculpt, Eyelash & Eyebrow Tint, Hydrating Eye Treatment	\$85.00
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## Essential Waxing & Tinting

### Female Grooming

Eyelash Tint	\$35.00
Eyebrow Tint	\$25.00
Eyebrow Tidy	\$30.00
Eyebrow Sculpting	\$50.00
Lip Wax	\$20.00
Chin Wax	\$20.00
Stomach Wax	\$15.00
Underarm Wax	\$30.00
Bikini Wax	\$35.00
G-String Wax	\$50.00
Full Brazilian	\$80.00
Half Leg Wax	\$50.00
Full Leg Wax	\$75.00
Arm & Hand Wax	\$45.00

### Male Grooming

Brow Tidy	\$30.00
Nose Wax	\$20.00
Neck & Shoulder Wax	\$45.00
Arm & Hand Wax	\$50.00
Chest & Stomach Wax	\$70.00
Full Back & Shoulders Wax	\$75.00
Full Leg & Speedo	\$95.00

**Combine any two Essential Waxing & Tinting services or more and receive 10% off.**

## Curated Spa Experiences by Stephanies®

**Hydro Wellness Therapies incorporating time honoured Vichy Shower Rituals.**

**Ideal as a couples treatment.**

Hydro Vichy Ritual	90 mins	\$230.00
Vichy Vitality Ritual	90 mins	\$260.00

## Crystal Spa Memberships

The key to beautiful skin and wellbeing is consistency. Stephanies® Crystal Memberships allow you to indulge in regular skin treatments, spa rituals and essential beauty to target your concerns, enhance your skin goals, and enjoy a better self, all year-round.

Investing in a Stephanies® Crystal Membership places you at the centre of your very own, fully customised self-care and curated beauty program. Unleash your natural beauty and get lasting confidence; nurture the soul and emerge with beautiful, glowing skin and a stronger, healthier you!

**Invest in yourself with a Stephanies® Crystal Membership.**

Rose Quartz Membership	\$1,000.00
Aquamarine Membership	\$2,000.00
Amethyst Membership	\$3,000.00



## Scan to view our full treatment menu

Read about our spa rituals and treatments online and dream up your ultimate Stephanies® experience. Each ritual is lovingly curated by spa founder, Stephanie Shepherd. Combining bespoke sensory mediums with intuitive, soul-centered touch, Stephanies® creates the ultimate immersive experience, nourishing mind, body, and soul.