



stephanies®

SPA RETREAT



## Spa Philosophy

At Stephanies® our commitment to unsurpassed guest service and unparalleled spa therapy has earned us our reputation for excellence in the industry. Passionate about spa life, our philosophy is a simple one:

*“Embrace new technologies, respect ancient rituals, step away from the ordinary and create breathtaking treatments.”*

We provide exquisite environments for our guests so that every visit to Stephanies® is a treasured time.

# Welcome to Stephanies® Spa Retreat

Stephanies® Spa Retreat, award winning spa, is located within the multi award winning Sofitel Brisbane Central.

The French inspired spa offers an impressive menu of beauty treatments, spa therapies and exclusive signature treatments such as anti-ageing therapies. The “Opal Rasul Temple” is undoubtedly the masterpiece of the spa and is the only one of its kind in the Southern Hemisphere.

Located on level three of the Sofitel Brisbane Central, the spa boasts seven treatment suites including individual and couples suites, and a Sensory Spa Lounge - ideal for large group bookings and bridal parties.

In addition to a decadent menu of soul pleasing treatments, Stephanies® boasts a retail boutique offering an extensive range of professional skincare products, unique spa gifts, body elixirs, gift lines and heavenly candle selections.



# SPA RETREATS

Signature treatments at Stephanies' Spa Retreat include organic herbal tea, seasonal fruit sorbet and chocolates, served in the tranquillity lounge following your spa journey.

## **Romance for Two 2 hours**

### **Rose Petal Foot Immersion | Skin Brushing | Opal Rasul Steam Temple | Massage 60mins**

Begin your escape together with an invigorating dry body brushing to leave skin tingling with sensation. Discover your inner connection as you cover each others body with Stephanies® Signature Body Masks in the warm steamy atmosphere of our Opal Rasul temple. Further deepen your experience with a full body massage.

## **Rejuvenate 3 hours**

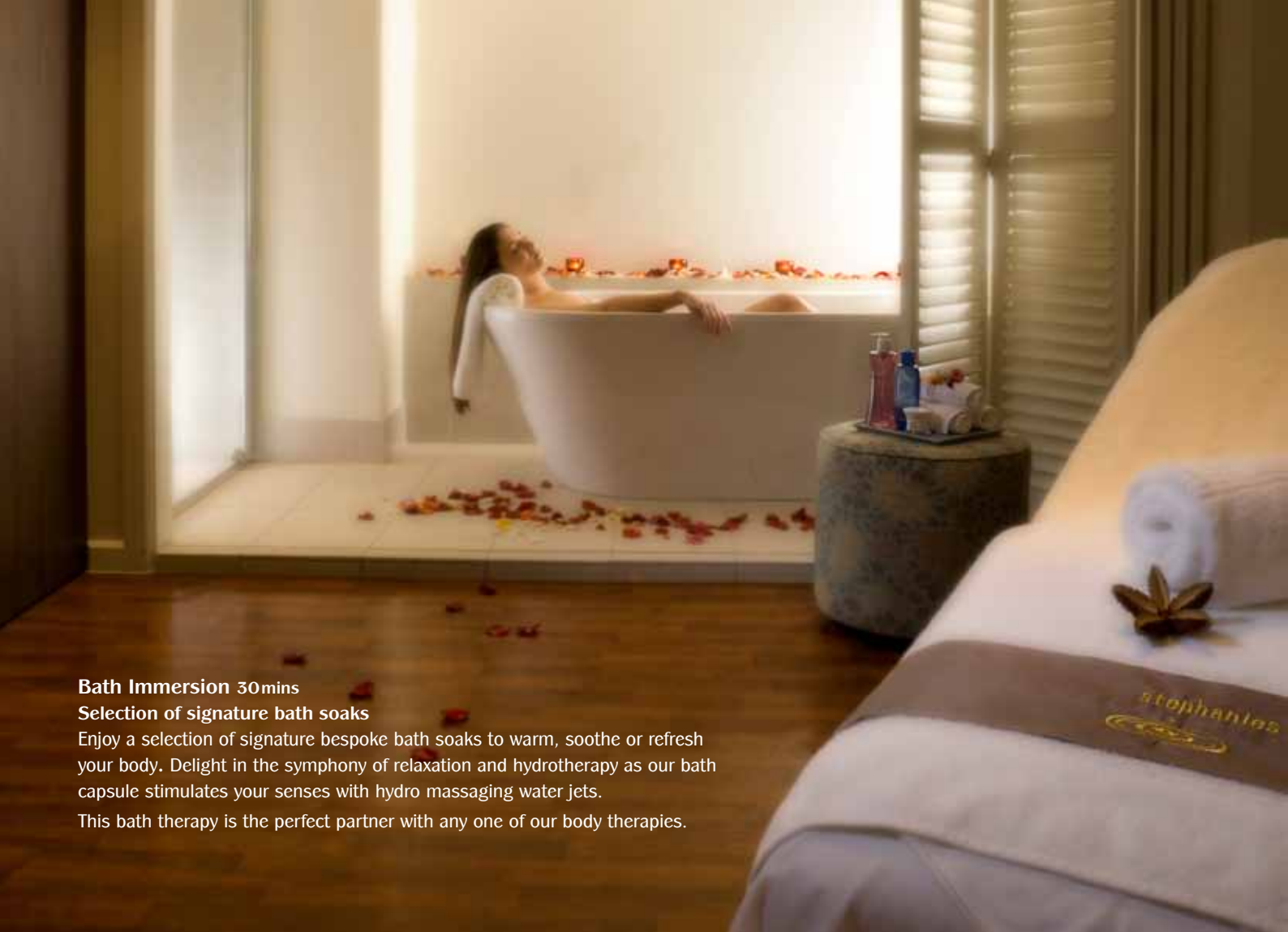
### **Rose Petal Foot Immersion | Massage 60mins | Classical Facial | Classic Pedicure**

Indulge in sheer rejuvenation from top to toe commencing with a nurturing one hour Essential Massage, where you'll experience soothing strokes of warm, aromatic oils, relieving your body of all tension and stress. Revive and rehydrate your skin with our Classical Facial using a customised treatment suitable for all skin types. Then allow us to spoil you further with a dreamy scalp and hand or foot massage, the choice is yours! Conclude your Stephanies® experience with an indulgent classic pedicure in our Sensory Spa Lounge.

## **Spa Indulgence 5 hours**

### **Rose Petal Foot Immersion | Skin Brushing | Body Scrub | Massage 60mins | Spa Lunch | Classical Facial | Classic Manicure & Pedicure**

When only the best will do, the occasion calls for excellence! Embark on this amazing journey with an intensive dry body brushing, full body exfoliation for complete skin renewal, then let us soothe away the stresses of the outside world with an aromatic one hour essential massage. Drift gently back into consciousness in time for a sumptuous spa cuisine lunch served to you on the sundeck. Enjoy a lazy swim or simply doze until it is time for us to welcome you back to enjoy a classical facial where we will revitalise your skin with a customised treatment to uncover a new you. A scalp and hand or foot massage provides the perfect interlude before we further indulge you with our hand therapy manicure and foot therapy pedicure. This truly is a decadent experience to enjoy in solitude or with a friend.



**Bath Immersion 30mins**

**Selection of signature bath soaks**

Enjoy a selection of signature bespoke bath soaks to warm, soothe or refresh your body. Delight in the symphony of relaxation and hydrotherapy as our bath capsule stimulates your senses with hydro massaging water jets.

This bath therapy is the perfect partner with any one of our body therapies.

# SIGNATURE TREATMENTS

## **Signature Skin Treatment 100mins**

### **Rose Petal Foot Exfoliation | Heated Stone Back Massage | Classical Facial**

Enjoy the soothing feeling of a warm rose petal infusion washing over your feet, before soles are invigorated with an aromatic cleansing exfoliation. Drift to a supreme level of relaxation as warm, smooth stones deeply massage your back and neck. Rejuvenate the skin with a customised facial. Complete your inner harmony with a foot and scalp massage.

## **Hot Stone Crystal Massage 100mins**

### **Rose Petal Foot Exfoliation | Skin Brushing | Crystal Chakra Balancing | Heated Stone Massage**

Your treatment journey will begin with a rose petal foot immersion and foot exfoliation. Lay back and enjoy skin brushing to prepare your body. Melt away with ancient body massage techniques using warm, soothing volcanic Basalt stones to release aches and dissolve stress. Balancing Chakra crystals, intuitively selected by you, are then placed on your body to restore energy and balance to mind, body and soul.

## **NEW Divine Princess Ritual 60mins**

### **Rose Petal Foot Exfoliation | Foot Reflexology | Indian Scalp, Neck & Facial Massage**

Energise your mind and body and allow tension to disappear with this divine spa ritual. Your journey begins with a rose petal foot exfoliation and foot reflexology, combining releasing pressure point therapies which include ancient Indian scalp, neck and facial massage techniques to restore balance to mind and body.

## **NEW Sacred Queen Journey 90mins**

### **Rose Petal Foot Exfoliation | Back Therapy & Herbal Poultices | Foot Reflexology | Indian Scalp, Neck & Facial Massage**

This ancient treatment combines Ayurvedic inspired practices and modern spa techniques. Begin your journey with a rose petal foot immersion, followed by a heated herbal poultice back massage, finishing on the front of body from head to toe. This deeply relaxing sacred ritual will leave you feeling floating on air.

Awaken your goddess within... with these divinely feminine Ayurvedic inspired journeys of gentle relaxation and nurturing techniques, while breathing in our soul pleasing Signature Mogra Elixir, especially formulated for Stephanies® Luxury Spas by Farida Irani a famous Australian Ayurvedic Aromatherapist.

## Opal Rasul Steam Temple

DIY Skin Brushing | Three Signature Muds | Detoxifying Steam  
Rain Shower | Hydration

A popular experience for friends to enjoy together, the temple can accommodate up to three adults and is a sultry one-hour journey of mud therapy, warm steam and tropical rain showers. This ancient cleansing ritual involves covering the body in Stephanies® signature mineralised body masks to powerfully detox and purify your skin throughout the spa journey. Perfect for up to three people.

Unique to Stephanies® Spa Retreat





# BODY THERAPY

## **Essential Massage Therapy 60mins | 90mins**

### **Restore | Release | Renew**

Under the skilful intuitive touch of our professional beauty and massage therapists, you will be treated to a soothing and re-energising experience. Our nurturing and customised full body massages are designed to relieve built up tension, soothe the nervous system and restore energy flow. Using Stephanies® signature essential oil blends this treatment will restore vitality and wellbeing to your mind and body.

## **Baby Moon Massage Ritual 60mins | After first trimester only**

### **Foot Immersion | Exfoliation | Pregnancy Massage**

Be comfortable lying on your tummy with our specialised pregnancy pillow topper, enjoy the benefits of pregnancy massage using Stephanies® signature pregnancy massage blend. Ease pressure and reduce stress and strain on your back, legs and ankles. This massage is nurturing, safe and deeply relaxing; designed for mums to be and new mums.

## **NEW Body Exfoliation 40mins**

### **Skin Brushing | Body Exfoliation | Shower | Intense Hydration**

Delight your body and your senses with our signature Macadamia Crème body exfoliation, with ground Macadamia shells and bamboo, enriched with the added benefits of soothing Chamomile & Vitamin E. After receiving this decadent body exfoliation ritual, your skin will feel smooth and ready to receive the amazing benefits of our Luxury Body Balm for intensive skin hydration.

## **NEW Body Masque Ritual 60mins**

### **Skin Brushing | Body Masque | Shower | Lapis Crème Hydration**

Lay back and enjoy an invigorating dry skin brushing followed by one of our signature body masques depending on your skins condition. Enjoy a warm application of Stephanies® Balancing Body Masque to cleanse and balance; or our cooling botanical mix of organic Aloe Vera and Green Tea Gel masque to soothe, hydrate and repair. Awaken with a beautiful application of our semi precious Lapis Crème leaving your body feeling lovingly hydrated.

## **NEW Amethyst Body Ritual 100mins**

### **Skin Brushing | Lavender Exfoliation | Amethyst Body Masque | Cooling Globes Facial Massage | Lapis Crème Hydration**

Surrender your mind and body to an intensive dry body brushing and breathe in the aromatic organic lavender of our signature body exfoliant to revitalise tired lacklustre skin. Followed by a cooling application of our Amethyst Body Masque, a hydrating mineral masque that synergises the healing and regenerative powers of crystals, exquisite plant essences, seaweed extracts and bioactive ingredients. While cocooned enjoy a cooling globe facial massage followed by a scalp elixir. Return to a relaxing full body Lapis Crème hydration.

# SKIN THERAPY

Natural, toned skin is beautiful at any age. With our specialised treatments, quality products and professional therapists we deliver only the highest results and will teach you how to accurately care for your skin at home. We can't turn back time, but we should love our skin all our lives.

## **Express Facial 40mins**

If you are pushed for time, then this quick skin pick me up is the perfect solution. Enjoy a power cleanse and exfoliation, detoxifying steam therapy and customised mask treatment.

## **Classical Facial 60mins**

Uncover bright healthy skin through this customised treatment appropriate for all skin types.

Eliminate any concerns of fine lines, dull skin tone, dehydration, acne or sensitivity. Stephanies® Classical Facial combines a relaxing scalp massage with your choice of hand or foot massage for total bliss.

## **High Performance Facial 60mins | 90mins**

Specific skin remedies suited to each skin type are offered for this advanced skin treatment that incorporates biotechnology and powerful marine and protein ingredients to deliver immediate results.

This amazing journey will begin by immersing you into relaxation with our signature welcome ritual; followed by our sequenced High Performance Facial. This truly beautiful treatment will be completed with a hand and foot massage.

## **Anti-Age Control Facial 90mins**

At Stephanies® we offer the latest in age control. This treatment re-activates the skins natural functions, helps combat wrinkles and loss of tone, repairs, refreshes and smooths. Giving incredible results the skin is rested and repaired thanks to the combined effects of natural Algae extract and biological Cellulose. Your complexion will look luminous.





## MEDISPA SKIN PEELS

Combine contemporary cosmeceutical skincare science with advanced aesthetic technology techniques, these luxurious treatments help address skin imbalances to restore skin synergy.

### Medi Peels

Papaya Hydration Peel	30mins
Salicylic Purifying Peel	30mins
Lactic Brightening Peel	30mins
Dual Layer Peel	30mins

### SERIES SOLUTIONS PREPAY 4 GET 1 FREE

Ideally peels are performed as a course of treatments for maximum benefits, as peels graduate in intensity in each treatment to ensure optimum results. However they can also be applied as a stand alone treatment if desired.

### Luminescence Medi Facial 60mins

A powerful infusion of biological actives and vitamins to provide luminosity to dull lifeless skin. Galvanic technology is used to infuse active ingredients into the deeper layers and is followed by a facial massage to hydrate, repair and invigorate your skin.

### Age Scape Medi Facial 50mins

An aromatic journey to calm the senses and revitalise lack lustre skin. The perfect pick me up for those who are time poor. This treatment restores hydration for soft glowing skin.



## NEW iBEAUTY®

iBeauty® a new generation facial treatment device that combines Sound-Vibration, Ultrasound and Radio Frequency technologies for revolutionised facials that work in perfect synergy with your skin. Delivering immediate, visible and long lasting results.

### iBeauty® Targeted 15mins

Add on Targeted Solution to any skin treatment

### iBeauty® Solutions

Skin Purity Solution	30mins
Hydration Boost Solution	50mins
Anti-Age Solution	50mins

SERIES SOLUTIONS PAY FOR 4 GET 1 FREE

### iBeauty® Intensives 80mins

Age-Control Ritual and add on iBeauty® Solution

SERIES SOLUTIONS PAY FOR 3 GET 1 FREE

Plus 10% off specialised skincare retail purchases on first appointment booked.

### ULTRASONIC Exfoliates · Purifies

A system of mechanical exfoliation produced by sound wave vibration via the iBeauty® spatula. This consists of two ceramic plates emitting ultrasonic waves and low frequency vibrations providing a deep exfoliation.

### ULTRASOUND Drains · Infuses · Stimulates

Ultra sound waves are produced by electrically stimulated sound plates assisting lymphatic drainage and infusion of active ingredients which stimulates natural cell regeneration to the skin.

### TRIPOLAR RADIO-FREQUENCY Regenerates · Plumps

Radio-frequency is the latest anti-ageing technology that generates energy and heat via high frequency micro-current technology resulting in immediate tightening, rehydration and regeneration of the skin.



# SENSORY SPA & MANICURE LOUNGE

An exclusively designed area complete with massage recliners, sky views, rose infused foot soaks, earth rituals and the dynamic aromas of our secret signature blends. This hidden sanctuary allows you to enjoy private spa time or share the experience with friends.

## **Exotic Sole Ritual 90mins**

**Refresh | Relieve | Soothe | Hydrate**

Take a deep breath, inhale the surroundings and exhale all tension. Refresh your feet in a rose petal foot soak and exotic foot exfoliation using Stephanies® signature blends. Total care is then given to nails and soles to relieve and refine. Tension will ease with our unique heated stone massage before feet are immersed into a warm paraffin infusion. Conclude your journey with a quality polish of your choice. Discover this divine treatment for yourself or share with a group of friends.

## **Exquisite Spa Manicure 70mins**

**Exfoliate | Hydrate | Stimulate | Protect**

This beautiful therapeutic treatment begins with a hand and arm exfoliation to unveil fresh soft skin. Feel all fatigue drift away as anti-ageing cream is massaged soothingly over your silky skin. Then enter complete calm as warm paraffin enwraps over hands and hydrates skin. Customised basecoats and correctives are applied to accurately target your nail's condition and then finish with professional nail grooming and quality polish.

## **Sole Healing 30mins**

**Stimulates | Circulates | Relieves**

A simply divine way to relax and unwind. Begin with a welcoming warm foot infusion and foot exfoliation. Followed by stimulating foot massage incorporating accupressure and reflexology points.

## A LA CARTE

Classic Pedicure 60mins

Classic Manicure 40mins

Shape Paint Feet 30mins

Shape Paint Hands 30mins

ADD French Polish 10mins

ADD Paraffin Infusion 10mins



## BROW BAR COUTURE

**Brow Sculpt | Eyelash Tint | Brow Tint | Hydrating Eye Treatment 50mins**

Your brows frame your face. We specialise in creating beautiful eyebrows to bring out your natural beauty and individual features. We take the time to assess your face shape, check balance of brows and advise on shape and colour. Our eyebrow specialists can also teach you the tricks of the trade to maintaining your beautiful eyebrows between sculpting.

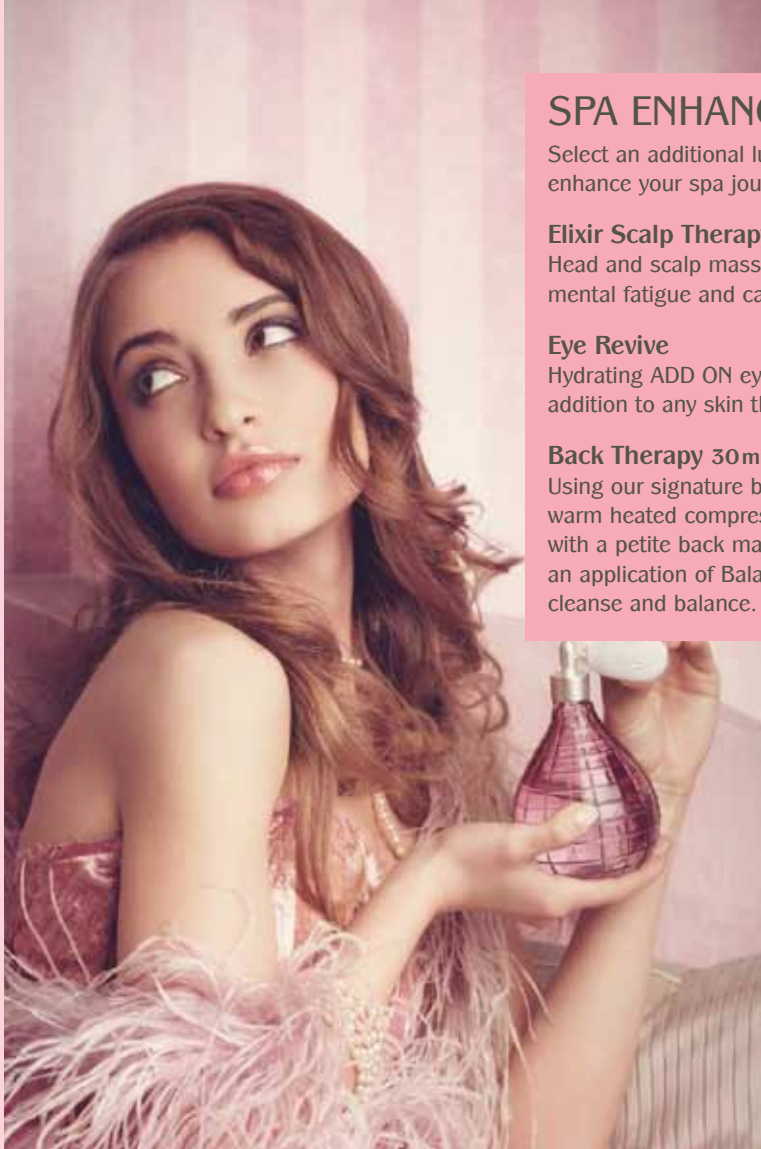
## MAKE UP BOUDOIR

### MAKE UP APPLICATION

- Day Makeup  
Redeemable on purchase of two or more makeup products.
- Wedding and Special Occasion
- Master Class  
Please check with reception

## SPA ADDITIONS

Gorgeous flowers, boutique chocolates and limousine chauffeur services can be prearranged effortlessly through our reception. These lush accompaniments perfectly compliment our five star spa retreat experience for that special occasion or person.



## SPA ENHANCEMENTS

Select an additional luxurious treatment to enhance your spa journey.

### Elixir Scalp Therapy 20mins

Head and scalp massage that will relieve mental fatigue and calm the mind.

### Eye Revive

Hydrating ADD ON eye treatment. Perfect addition to any skin therapy.

### Back Therapy 30mins

Using our signature body exfoliation and warm heated compresses, release all tension with a petite back massage, followed by an application of Balancing Body Mask to cleanse and balance.



# WAXING

## EYE ZONE TREATMENTS

- Eyelash tint
- Eyebrow tint
- Eye Define - brow wax and brow tint

## FACIAL WAXING

- Eyebrow
- Lip
- Chin

## BODY WAXING

- Half leg
- Half leg and bikini
- Half leg and g-string
- Half leg, bikini and underarm

## BODY WAXING

- Three quarter leg
- Top leg and bikini
- Top leg and g-string
- Full leg
- Full leg and bikini
- Full leg and g-string
- Full leg, bikini and underarm
- Arm and hand
- Underarm
- Bikini
- G-string
- Full Brazilian
- Stomach



## MADE FOR MEN

### Power Facial 40mins

Enjoy a power cleanse including hot towels, exfoliation, detoxifying steam and customised mask treatment.

### Sports Body Massage 30 | 60 | 90 mins

Ease fatigue and tension. Customise your treatment with either a Swedish, Remedial or Deep Tissue massage.

### Elixir Scalp Therapy 20mins

Head and scalp massage relieves mental fatigue and calms the mind.

### MANicure 30mins

Full nail tidy and hand massage with a lustre finish.

### Sole Man Therapy 30mins

Relax in our leather recliners and enjoy a warm foot soak and exfoliation, followed by a foot massage incorporating acupressure and reflexology points.

# SPA BASICS

## Choosing treatments

Our spa team is happy to offer advice to ensure you choose treatments specifically suited to your spa needs. Treatments may be combined to make unique spa experiences.

## When to arrive?

To enhance your spa experience, we encourage you to arrive 20 minutes prior to your treatment. This will allow time for you to complete a consultation form and get changed into one of our luxurious robes and spa footwear. Giving yourself time prior to your treatment will help to optimise the overall effect of your visit to Stephanies® and completely re-balance your mind, body and spirit.

## What happens if I am late?

Arriving late will simply limit the length of your treatment and therefore lessen your time spent with us. Treatments will always finish as scheduled in order to not delay and inconvenience the next client.

## During your visit

On arrival our spa receptionist will greet you and after your spa consultation, you will be asked to change into a spa robe and slippers and secure your belongings in your personal locker. Towels, showers and toiletries are all provided for you. Please bring swimwear bottoms for the Opal Rasul Temple and any Bath therapy treatments or we can provide you with hygienic disposable underwear. If you intend to make use of the hotel's pool and spa, please bring your own suitable attire. Please leave your valuables at home as Stephanies® cannot take responsibility for belongings left unattended in the spa. We provide:

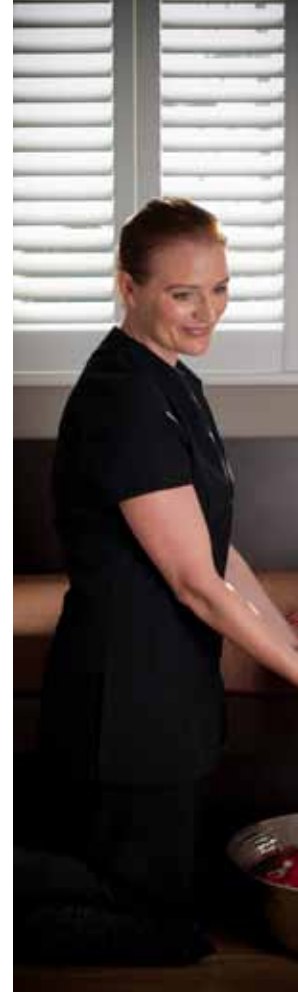
- Robes, slippers and towels
- Private change rooms, toiletries, showers, lockers and hairdryers
- Seasonal fruit, sorbet, herbal tea, and citrus infused water signature refreshments
- Complimentary Sofitel parking (minimum one hour treatment time)

## Cancellation policy

Cancellation or rescheduling of your appointment is free of charge if made 24 hours in advance. A credit card number is required at the time of booking to secure your spa appointment. If you fail to show for your appointment without notice to Stephanies®, the total treatment cost will be charged.

## Rates and payment of spa services

All rates and services are inclusive of GST and may be subject to change without notice. The spa accepts cash and all major credit cards. Hotel guests may charge spa services to their room account.





### **Parking**

All guests of Stephanies® Spa Retreat receive complimentary parking for their time spent at the retreat (minimum one hour treatment time). Please ask our friendly reception staff upon booking for further details. Parking is subject to availability.

### **Tranquility Lounge**

Retreat to comfy lounges while you sip on soothing herbal tea and enjoy chilled fruit sorbet. This tranquil post-treatment ritual offers you the perfect opportunity to simply curl up for a snooze or to kick back with a good read in complete stillness and serenity.

### **Use of aquatic facilities**

Sofitel's pool and spa is available on weekdays with a minimum booking of a one hour treatment. Use of this area on weekends is subject to availability. Please ask our friendly reception staff for further details.

### **Special requirements**

Our team is happy to assist with any special requirements you may have. Please inform our spa reservations of any special dietary requirements, so you can properly experience the lifestyle benefits of our spa.

### **Medical conditions**

Please inform your spa receptionist and spa therapist of any health concerns that you may have when making your booking and when completing your health and wellbeing form. Our expert therapists can correctly advise on special conditions.

### **Pregnancy**

We recommend that you wait until your second trimester to enjoy massage and body therapies and there will be some spa therapies that you will not be able to experience during your first trimester and throughout your pregnancy, however you can relax and enjoy skin therapies and hand and foot therapies at any time during your pregnancy. Please inform reception upon your time of booking regarding your pregnancy. We are happy to advise you on suitable treatments for you during this special time.

### **Privacy policy**

Our beautiful surroundings are designed for you to relax and enjoy quiet time out. We ask that you please respect the peace and privacy of others by ensuring mobile phones are turned off and by using a lowered voice.

# SPA BASICS

## **Spa cuisine & high tea**

Our exclusive spa cuisine is expertly prepared especially for you by the Sofitel head chef. A delicious snack, lunch or dinner can easily be organised for you. Please choose from the exquisite spa cuisine menu prior to your treatment. Please ask about our Stephanies® French High Tea; perfect to share with friends.

## **Twin suite**

We offer a specifically designed room for precious time out for two. Our Twin suite is the perfect way to enjoy and experience ultimate pampering with a special friend, relative or partner.

## **Group bookings**

Spa time is the perfect way to celebrate in style with friends or family. We are delighted to help you organise a wonderful spa experience to suit your requirements.

## **Corporate spa escapes**

Spa escapes are just what your team members' need. With a wide range of treatments and packages, Stephanies® gift cards, home spa products or spa escape parties are the perfect way to reward your team members or to simply say thank you.

## **Spa memberships**

Ask about our elite spa membership programs. Our promise is the creation of a beautiful, memorable experience on every visit, making it the perfect gift to yourself or those you cherish.

## **Gift card**

Give time out and wellbeing to your loved one. Stephanies® gift cards are unforgettable presents for friends, family, and colleagues. Whatever the occasion Stephanies® gift cards are beautifully boxed and guarantee to impress.

### Conditions of use:

- Gift cards maybe redeemed at any Stephanies® spa locations. Please note: If using a gift card in a Stephanies® location other then where it was purchased, the gift card will revert back to a dollar amount.
- Please bring your gift card with you on your visit to the spa
- Please ensure gift cards are used prior to expiry date
- If you do not keep an appointment the gift card will become void
- Gift cards are not redeemable in part or for cash
- Gift cards are non refundable





### **Stephanies® Spa Rewards**

Stephanies® Spa Rewards program is designed to reward you for loyalty. Spa points are accumulated in any of our spa locations as a thank you for visiting Stephanies®. Please ask reception to instantly join you to Stephanies® Spa Rewards.

### **Bridal showers**

Share some fun and pampering time with your wedding party. Escape together for a few hours or a full day. Enjoy delicious spa cuisine and bring a bottle of your favourite bubbles to celebrate in style. We will happily design a package to suit your budget.

### **Bridal memberships ('I Do Spa')**

We will provide you with all the essential beauty treatments. Attention to detail is the focus in these packages to ensure you will be the most breathtaking bride ever. To prepare for your special day, please make a booking for a complimentary Bridal consultation.

### **Shop online**

Stephanies® Spa Retreat offers a secure Internet mail ordering service, providing convenient product ordering and gift card ordering. Please email or telephone us and we will be happy to assist. Stephanies® Spa Retreat reserves the right to amend these prices and treatments at any time.



# STEPHANIES® SPA RETREAT

## **Sofitel Brisbane Central**

Level 3, 249 Turbot Street  
GPO Box 5059  
Brisbane Qld 4001

T | 07 3221 8800  
E | [info@stephaniessparetreat.com.au](mailto:info@stephaniessparetreat.com.au)  
[www.stephaniessparetreat.com.au](http://www.stephaniessparetreat.com.au)

## **Trading Hours**

**Monday to Friday** 9am - 9pm

**Saturday** 9am - 6pm

**Sunday** 10am - 5pm

## **Stephanies® Luxury Spas Head Office**

5/58 Metroplex Avenue  
Murrarie Qld 4170

T | 07 3171 2288  
E | [reservations@stephanies.com.au](mailto:reservations@stephanies.com.au)

## **Stephanies® Luxury Spas**

### **STEPHANIES® URBAN SPA Bulimba**

T | 07 3899 5333  
E | [info@stephanies.com.au](mailto:info@stephanies.com.au)

### **STEPHANIES® VINTAGE SPA Cleveland**

T | 07 3488 0300  
E | [info@stephaniesvintagespa.com.au](mailto:info@stephaniesvintagespa.com.au)

### **STEPHANIES® MOUNTAIN SPA Mercure Clear Mountain Lodge**

T | 07 3298 6622  
E | [info@stephaniesmountainspa.com.au](mailto:info@stephaniesmountainspa.com.au)

### **STEPHANIES® OCEAN SPA Peppers Noosa Resort & Spa**

T | 07 5473 5353  
E | [info@stephaniesoceanspa.com.au](mailto:info@stephaniesoceanspa.com.au)

CALL RESERVATIONS ON 1 300 DAY SPA

[www.stephanies.com.au](http://www.stephanies.com.au)



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[facebook.com/StephaniesLuxurySpas](https://facebook.com/StephaniesLuxurySpas)

**Stephanies®...**  
Creating beautiful spa journeys





**SPA RETREATS**

Romance for Two per person	120 mins	\$280
Rejuvenate	180 mins	\$410
Spa Indulgence	300 mins	\$630

**Opal Rasul Steam Temple**

1 person	60 mins	\$159
2 people per person	60 mins	\$139
3 people per person	60 mins	\$119

**SIGNATURE TREATMENTS**

Signature Skin Treatment	100 mins	\$220
Hot Stone Crystal Massage	100 mins	\$210
Sacred Queen Journey	90 mins	\$195
Divine Princess Ritual	60 mins	\$145
Bath Therapy	30 mins	\$79

*Bath Therapy is only available in combination with another spa treatment*

**BODY THERAPY**

Essential Massage	60 mins	\$148
	90 mins	\$183
Baby Moon Massage Ritual	60 mins	\$148
<i>After first trimester only</i>		
Body Exfoliation	40 mins	\$113
Body Masque Ritual	60 mins	\$163
Amethyst Body Ritual	100 mins	\$213

**SKIN THERAPY**

Express Facial	40 mins	\$108
Classical Facial	60 mins	\$153
High Performance Facial	60 mins	\$173
	90 mins	\$213
Anti-Age Control	90 mins	\$230
<i>Complimentary Skin Consultation</i>	20 mins	

**SYNERGIE SKIN PEELS**

Papaya, Salicylic, Purifying or Lactic Peel	30 mins	\$130
Dual Layer Peel	30 mins	\$140
<i>Synergie Peel Series Solutions ~ pay for 4 get 1 free</i>		
Luminessence Medi Facial	60 mins	\$150
AGescape Medi Facial	50 mins	\$145

**MEDISPA TECHNOLOGIES**

iBeauty Skin Purity	30 mins	\$85
iBeauty Hydration Boost	50 mins	\$95
iBeauty Anti Age	50 mins	\$95
iBeauty + Age Control Facial	80 mins	\$220
iBeauty Wrinkle Control	40 mins	\$95
<i>iBeauty Series Solutions ~ pay for 3 get 1 free</i>		

**MEDISPA ADDITIONS ~ add on to any skin therapy**

iBeauty Sound Vibration ~ exfoliation	20 mins	\$59
iBeauty Sequential Ultrasound ~ stimulation	20 mins	\$59
iBeauty Tripolar Radio Frequency ~ anti age	20 mins	\$59
iBeauty Wrinkle Control ~ low ultrasound	20 mins	\$59

**BOOKINGS & ENQUIRIES**

1300 DAY SPA 07 3221 8800 info@stephaniessparetreat.com.au

Prices are inclusive of GST and subject to change without notice. Please give 24 hours notice for cancellations or charges may apply. A credit card number is required at the time of booking to secure your spa appointment.

**SPA ENHANCEMENTS**

Elixir Scalp Therapy	20 mins	\$89
Back Therapy	30 mins	\$99
Eye Revive ~ add on to any skin treatment	20 mins	\$30

**SENSORY SPA LOUNGE**

Exotic Sole Ritual	90 mins	\$159
Exquisite Spa Manicure	60 mins	\$120
Sole Healing	30 mins	\$79

**A LA CARTE**

Classic Pedicure	60 mins	\$115
Classic Manicure	50 mins	\$89
Shape Paint Feet	30 mins	\$60
Shape Paint Hands	30 mins	\$50
ADD French Polish	10 mins	\$20
ADD Paraffin Infusion	10 mins	\$20

**MAKEUP BOUDOIR**

Special Occasion or Private Masterclass	\$95
<i>Redeemable on 3 makeup products on the day</i>	

**WAXING**

Brow Bar Couture	\$65
Eyelash tint	\$32
Eyebrow tint	\$20
Eyebrow	\$28
Lip	\$18
Chin	\$18
Stomach	\$10
Underarm	\$27
Bikini	\$32
G-string	\$44
Full Brazillian	\$78
Half leg	\$46
Three quarter leg	\$59
Full leg	\$70

**WAXING PACKAGES**

Eye Define Brow wax or Brow tint	\$46
Half leg + Bikini	\$66
Half leg + G-string	\$80
Half leg + Bikini + Underarm	\$85
Top leg + Bikini	\$72
Top leg + G-string	\$83
Full leg + Bikini	\$86
Full leg + G-string	\$96
Full leg + Bikini + Underarm	\$99
Arm + Hand	\$42

**MADE FOR MEN**

Power Facial	40 mins	\$108
Sports Body Massage	60 mins	\$148
	90 mins	\$183
Elixir Scalp Therapy	20 mins	\$89
MANicure	30 mins	\$50
Soul Man Therapy	30 mins	\$79