



stephanies®

LUXURY SPAS

medi spa menu



French Skin Therapy

EXPRESS FACIAL 40MINS \$105 ■ ■ ■ **\$110** ■ ■
Power Cleanse | Exfoliation | Steam | Extractions Optional | Mask

ADD LED LIGHT BOOST *just* \$59

If you are pushed for time, then this quick skin refresher is the perfect solution. Enjoy a power cleanse and exfoliation, detoxifying steam and a customised masque. This Express Facial is the perfect cleansing and hydration boost, prior to having a professional make up application.

CLASSICAL FACIAL 60MINS \$145 ■ ■ ■ **\$160** ■ ■
Double Cleanse | Exfoliation | Extractions Optional | Steam | Massage | Mask

ADD LED LIGHT BOOST *just* \$59

Instantly brighten and revitalise your complexion with this highly effective 60 minute facial. Your therapist will address your specific skin concerns with carefully selected skincare, addressing any signs of ageing, or dry and dehydrated skin including impurities or sensitivities. This classic maintenance facial includes a 20 minute face, back, neck and décolletage massage, plus a scalp massage and your choice of a hand or foot massage.

HIGH PERFORMANCE FACIAL 60MINS \$165 ■ ■ ■ **\$180** ■ ■
90MINS \$185 ■ ■ ■ **\$200** ■ ■

ADD LED LIGHT BOOST *just* \$59

Double Cleanse | Exfoliation | Extractions Optional | Steam | Massage | Specialised Serum and Masque | Hand and Foot Massage

This high performing treatment firms, repairs and nourishes the skin to correct signs of ageing. Specifically selected concentrated serums and specialised masques are carefully chosen to give your skin immediate rejuvenation. Your skin journey will begin with our signature welcome ritual and also includes an indulgent relaxing and nourishing hand and foot massage.

ANTI-AGE CONTROL FACIAL 90MINS \$200 ■ ■ ■ **\$220** ■ ■
Double Cleanse | Resurfacing Exfoliation | Extractions Optional | Steam | Massage | Anti-Ageing Serum and Masque | Hand and Foot Massage

ADD LED LIGHT BOOST *just* \$59

The 'ultimate' in French skincare rejuvenation and relaxation at Stephanies®. This highly potent skin couture treatment targets the signs of ageing, dull, tired and uneven skin tone. Your skin journey will begin with our signature welcome ritual, a resurfacing exfoliation, concentrated serums and an intensely relaxing 30 minute face, back, neck and décolletage massage plus an age repairing masque. This skin ritual also includes a scalp massage and a nourishing hand and foot massage.

Skin add ons

Add on to any skin therapy to combine relaxation with innovative technologies in one skin treatment.

LED LightStim Therapy	20 mins	\$59	■ ■ ■ ■ ■
Iontophoresis Infusion	20 mins	\$59	■ ■ ■ ■ ■
Micro Boost	20 mins	\$59	■ ■ ■
Sound Vibration iBeauty	20 mins	\$59	■ ■ ■
Sequential Ultrasound	20 mins	\$59	■ ■ ■
Radio Frequency	20 mins	\$59	■ ■ ■
Low Ultrasound	20 mins	\$59	■ ■ ■

Your skin can be healthy and naturally beautiful at any age!

At Stephanies® we take great pride in providing the utmost in guest service and personal care with the best in skin care advice and professional experiences.

Our Skin Therapy treatments can range from deeply relaxing sensory experiences to more advanced Medi Spa treatments.

If you are looking for a 360-degree approach for a relaxed and naturally beautiful complexion this can be achieved in combination with our **professional Skin Therapists**, your **prescribed Skin Solution** and with our exclusive **Medi Spa Doctor**. Each treatment experience at Stephanies® begins with a personal consultation and in-depth skin analysis, so **Your Skin Journey** can be customised to your precise needs.

- BULIMBA
- BRISBANE CITY
- CLEVELAND
- CLEAR MOUNTAIN
- NOOSA HEADS

KEY COLOUR CODES FOR SERVICE AVAILABILITY

Medi Spa Technology's

IBEAUTY SOLUTIONS

SKIN PURITY SOLUTION 30MINS \$85 ■ ■ ■

Combining advanced ingredients and dual sound vibration and ultrasonic technologies. Expect to see healthier and brighter skin from the first session.

SKIN HYDRATE SOLUTION 50MINS \$95 ■ ■ ■

iBeauty sequential ultrasound and advanced ingredients provide your thirsty skin with the latest defence in hydration. Your skin will feel fresh, bright and hydrated.

ANTI-AGE SOLUTION 50MINS \$95 ■ ■ ■

This anti-ageing high tech treatment, using radio frequency, micro current technology's and the latest advanced anti-ageing skincare to re-densify and lift, resulting in immediate tightening and rehydration.

IBEAUTY DEVICE SOLUTIONS

Thalgo innovation offers a short powerful iBeauty medi spa device, combining 3 non-aggressive and completely safe technologies.

Sound Vibration Low frequency ultrasonic is used to achieve in-depth exfoliation which effectively cleanses and purifies the skin.

Sequential Ultrasound The vibration waves generated by iBeauty help with detoxification and boost cell regeneration. The iBeauty iHydrate program is used to rehydrate, remineralise and purify all skin types.

Radio Frequency The latest anti-ageing technology. A high frequency micro current induces tissue healing to regenerate and firm the skin. The iBeauty iPlump program is designed to increase radiofrequency activity for more toned, rehydrated and plumper skin.



LED Lightstim Therapy

An advanced clinically proven anti-ageing skin treatment that stimulates cellular regeneration to produce collagen and elastin and promotes greater absorption of serums. LED Therapy will help treat skin imperfections, fine lines and wrinkles, post inflammatory scarring and rosacea. It will not only help minimise acne, but also soothe your skin and reduce both redness and inflammation. We are proud to offer our clients the 'LightStim' LED Light Therapy in all Stephanies spa locations.

LIGHT THERAPY BOOST 20MINS \$59 ■ ■ ■ ■ ■

The perfect LED add on to any skin therapy treatment.

LED LIGHT INTENSE TREATMENT 50MINS \$130 ■ ■ ■ ■ ■

Deep Cleansing | LED | Scalp & Hand Massage

This treatment is a power packed solution for your skin. Improve skin condition with a double cleansing and power exfoliation, then relax and drift away under the calming warm rays of pure LED Lightstim energy for 30 minutes while your therapist performs a stimulating scalp and hand massage. The treatment is completed with a customised serum, day cream and sunscreen.

BENEFITS OF LED LIGHT THERAPY?

- Enhances results of skin's texture and tone
- Suitable for all skin types and conditions
- Reduces fine lines and wrinkles
- Minimises pore size while tightening and toning the skin
- Creates and promotes radiant, youthful skin
- Dramatically enhances product penetration and efficacy
- Reduces inflammation and superficial reddening of the skin
- Relaxing and non-invasive treatment





Microdermabrasion

MICRODERMABRASION THERAPY 40MINS \$125 ■ ■ ■

Microdermabrasion treatments are a gentle non invasive treatment to achieve immediate, smooth and clear results to the outer surface layer of your skin. Microdermabrasion is a gentle and controlled exfoliation treatment using either diamond tip or organic crystals. This treatment is then completed with a customised serum, day cream, and sunscreen. (Recommended as a course of 6 for maximum results)

MICRODERMABRASION THERAPY + INTENSIVE MASK 90MINS \$170 ■ ■ ■
Deep Cleansing | Microdermabrasion | Peel & Mask | LED LightStim

This intensive Microdermabrasion, Mask and Peel therapy will smooth the micro-contours of your skin for an even-toned, clear and radiant complexion, with instantly visible results. The added benefit of LED light therapy will intensify and stimulate the regeneration process. Finishing with an intensive facial mask to promote cell metabolism, preserve youthful skin and protect from oxidative stress. This treatment is then completed with a customised serum, day cream, and sunscreen. (Recommended as a course of 6 for maximum results)

Medi Spa Skin Therapy

PROFESSIONAL SKIN PEELS 30MINS \$130 ■ ■ ■ ■ ■ ■

Professional skin peels aim to offer maximum results in minimum time, leaving your skin feeling fresh and rejuvenated. Peels work by accelerating the naturally occurring exfoliation process. We can offer a skin solution customised to your skin concerns whether it is pigmentation, acne, congestion, sun damage or premature ageing. Professional peels series works best as a course of treatments but also can be offered as a stand alone treatment leading up to a special event.

MEDI SPA FACIAL 60MINS \$165 ■ ■ ■ ■ ■ ■ **\$180** ■ ■ ■
Deep Cleansing | Infusion Device | Massage | Mask

A powerful patented infusion mimicking Mesotherapy. Pure biological actives and vitamins providing luminosity to dull lifeless skin. Includes infusion device technology to deliver active ingredients into the deeper layers of your skin which is then followed by a patented customised medi peel that consists of Salicylic Acid, Ascorbic Acid and Malic Acid; followed by a specific face massage and biological masque.

MEDI SPA ANTI-AGE FACIAL 80MINS \$200 ■ ■ ■ ■ ■ ■ **\$220** ■ ■ ■
**Deep Cleansing | Pro Peel | Infusion Device | Intensive Mask | LED LightStim
| Scalp, Hand & Foot Massage**

This anti-ageing melody of corrective treatments includes a professional peel suited to your skin grade. Your skin will then be infused with pure patented Mésolift Marin loaded with 36 minerals, trace elements and Amino Acids; followed by an effective Bio-cellulose intensive masque. This regenerating treatment is completed with a sequence of LED LightStim Therapy and concludes with a restful scalp, hand, and foot massage.



Medical Rejuvenation

We are proud to be working alongside Dr Frank Mallawaarachchi providing cosmetic and aesthetic medi spa anti-ageing injectables at Stephanies®. Cosmetic treatments can assist with complexion concerns, facial rejuvenation (full or part), acne scarring, wrinkles including frown lines, crows feet, lip volume, neck and double chin areas. We offer an obligation free consultation to answer any queries about these procedures that you may have and provide an accurate quotation.

SPECIALISING IN:

Anti Wrinkle Treatments From \$250 ■ ■

Injectable treatments, derived from a purified protein, that work by relaxing the muscles that cause dynamic wrinkles, giving your face a more relaxed and refreshed appearance.

Dermal Fillers From \$500 ■ ■

Dermal fillers are used to smooth away lines and to restore the loss of fullness that can occur with ageing in the cheeks, lips and jawline.

Double Chin Reduction From \$650 ■ ■

Reduce submental fat under your chin using a non-surgical neck lift alternative. Double Chin Fat Reduction injections are a prescription cosmetic medical treatment that can improve the appearance and profile of the chin, jawline and/or neck area for treatment-suitable patients.

Platelet Rich Plasma From \$500 ■ ■

Your skin is treated with your own plasma which is very concentrated in platelets. These platelets have high levels of growth factors. Platelet Rich Plasma (PRP) injections are used in the field of aesthetic medicine to rejuvenate tissue in the skin. It has therapeutic uses such as treating sports injuries, hair transplant surgery, treating scars, non-surgical hair restoration and a lot more!

Medical Grade Skin Peels From \$170 ■ ■

A skin regeneration treatment using higher grade Salicylic Acid, Lactic Acid and Jessner. These advanced clinical treatments address progressed stages of cystic acne, sun damage, pigmentation and aged skin. Assisting with skin texture, discoloration, hydration and congestion, these peels are highly active and ideally performed as a course to achieve best results by our highly trained Dermal Clinicians.

Call for a complimentary consultation and let us assist you with your skin concerns.

PROFILE | DR FRANK MALLAWAARACHCHI

MBBS Diploma in Aesthetic Medicine AAAM

Dr. Frank was born in Sri Lanka and graduated in Bachelor of Medicine and Bachelor of Surgery in 2004. He obtained registration with the GMC in the UK before migrating to Australia in 2008. He has a wealth of experience including work in General Practice, Surgery, Orthopaedics, Plastics and Reconstructive Surgery.

Dr. Frank has studied extensively to refine his skills in Cosmetic Medicine. His Cosmetic Medicine training was completed in Canada and the USA and he actively participates in the training of Doctors with the American Academy of Aesthetic Medicine.

Dr Frank has a personable and caring wellbeing approach to anti-ageing procedures. Dr Frank's skill and knowledge make him a leader in his field and we are proud to have him join our new Medi Spa and Skin Wellness suite.





Stephanies Medi Spa Memberships

MEDI SKIN MEMBERSHIP Total Package Price \$650 ■ ■ ■

Prepay \$650 to a Medi Skin membership and receive a **\$50 product bonus** to put towards your home skin solution program, **plus a free travel discovery kit**.

You will also receive a complimentary skin solution analysis, **free bonus LED booster treatment** and a **complimentary consultation** with our in spa Medical Doctor regarding anti-age injectable treatments (optional).

Receive one treatment fortnightly - **select 6 skin therapy sessions** from the skin therapy menu below. Your skin clinician will assist you in choosing "YOUR" best mix of treatments.

**TOTAL VALUE
UP TO \$999**

Terms and Conditions
apply

Value packed skin therapy menu

SELECT 6 SKIN THERAPY SESSIONS FROM THE BELOW:

• **30min Professional Peel ~ valued \$130 per session**

Power Cleanse | Pro Peel | Finishing Serum & Creams | Sunscreen

• **50min LED Lightstim Intense Therapy ~ valued \$130 per session**

Power Cleanse | 30min LED | Finishing Serum & Creams | Sunscreen

• **40min Express Facial ~ valued up to \$110 per session**

Power Cleanse | Exfoliation | Steam | Extractions Optional | Classic Mask | Finishing Serums & Creams | Sunscreen

• **50min Power Treatment Microdermabrasion & LED Light Therapy ~ valued at \$140 per session**

Power Cleanse | 20mins Microdermabrasion | 20mins LED | Finishing Serums & Creams | Sunscreen

• **40min iBeauty Hydration Boost ~ valued at \$115 per session**

Power Cleanse | Hydration iBeauty | Classic Mask | Finishing Serums & Creams | Sunscreen

• **40min Anti-Age iBeauty Boost ~ valued at \$115 per session**

Power Cleanse | Anti-Age iBeauty | Classic Mask | Finishing Serums & Creams | Sunscreen

• **30mins Purity Boost iBeauty ~ valued at \$105 per session**

Power Cleanse | Purity iBeauty | Classic Mask | Finishing Serums & Creams | Sunscreen

TERMS AND CONDITIONS APPLY

* **\$50 product bonus** is redeemed at time of payment for your skincare solution program. Must include 3 full size products when you purchase anything from our specialised skincare ranges, including; cleanser, freshener, facial moisturiser, treatment serum or sunscreen.

** **FREE Discovery Kit** is given to you at time of payment of Medi Skin Membership.

*** **FREE bonus LED LightStim booster** treatment can be used once, at any time within the 12 week course.

**** **Complimentary Medical Doctor** consultation to be booked at the start of your treatment program (optional).

***** **Medi Skin bookings** need to be sequenced weekly or fortnightly for 6 to 12 weeks. Medi Skin membership program cannot be placed on hold for more than 4 weeks from time of the last booking. Membership is not transferable to any other service, and membership cannot be used with any other offer, spa pass or gift postcard. Bookings must be chosen from the select 6 skin therapy sessions menu.

BOOKINGS & ENQUIRIES

1300 DAY SPA (Free call all spa reservations)
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My Spa Rewards

Stephanies® My Spa Rewards program has been designed especially for you. Five percent of all purchases (treatments or products), inspa and online, accumulate as Spa Points.

You receive vouchers once your Spa Points reach a minimum of 20. One Spa Point is equivalent to One Spa Dollar.

[@stephaniesluxuryspas](https://www.instagram.com/stephaniesluxuryspas)

www.stephanies.com.au

Spa luxury meets skin wellness!